



**DANA LAMON, J.D.**

**A Professional Speaker** – He has presented inspirational and motivational keynotes and workshops to audiences from Southeast Asia to South Africa and throughout the United States since 1991.

**The World Champion of Public Speaking** - He received this recognition from Toastmasters International in 1992.

**An Accredited Speaker** - He was awarded this designation in 1993 by Toastmasters International for demonstrated professionalism in public speaking.

**An Author** - His three books to provide the reader with information, inspiration, and motivation are: The Soul's Mirror: Reflections on the Fullness of Life; The Excellence Book: 104 Principles for Living and Working; Master the Ceremonies: The Emcee's Handbook for Excellence.

**An Administrative Law Judge** - He has served as a judge since 1981.

**A Graduate of Law School** - He attended the University of Southern California from 1974 to 1977.

**A Graduate of Yale University** - He attended Yale from 1970 to 1974 and obtained his bachelor's degree in math.

**A Blind Man** - He has learned how to make each moment meaningful despite his visual impairment.

## PRESENTING

### CHANGING WITH CHANGE: A Personal Paradigm

Our external environment is constantly changing, and we change along with it. It is sudden and/or dramatic change that throws us off into a resistance mode.

**As A Keynote** (30 to 60 minutes) - A speech to motivate a person who is resistant to change to adopt a new paradigm and look at the situation as an opportunity for growth and development.

A new paradigm for change can promote growth, not just support coping, for the person who:

- Responds on the defensive by resisting the course of change rather than taking the offensive by directing his or her desired results.
- Focuses on what is happening instead of why it is happening.
- Is distracted by the surroundings and loses sight of where he or she is going.
- Is locked into one way of getting it done.
- Has lapsed into the mode of just-getting-by.
- Is fast approaching burnout.

